

Sturgis Hospital

916 Myrtle Avenue, Sturgis, MI 49091

2018 American Heart Association CPR / First Aid Schedule

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| <u>January</u> 17 – Heartsaver CPR(R) 24 – First Aid(R) | <u>February</u> 22 – Healthcare CPR (D) | <u>March</u> |
| <u>April</u> 11 – Heartsaver CPR(R) 18 – First Aid(R) | <u>May</u> | <u>June</u> 7 – HealthcareCPR (D) |
| <u>July</u> | <u>August</u> 22 – Healthcare CPR(R) | <u>September</u> 27–Heartsaver CPR(D) |
| <u>October</u> 4 – First Aid (D) | <u>November</u> 7 – Heartsaver CPR(R) 14 – First Aid(R) | <u>December</u> |

Instructors: Ronald Sprowls, Douglas Smith
Coordinator: Teresa Horn 269-659-4384

Heartsaver CPR: a course that teaches lay rescuers how to recognize and treat life-threatening emergencies, including cardiac arrest and choking for adult, child and infant victims. Students also learn to recognize the warning signs of heart attack and stroke in adults and breathing difficulties in children. \$40

BLS Healthcare Provider: teaches skills for helping victims of all ages including ventilation with barrier device, a bag-mask device and oxygen; use of an Automated External Defibrillator (AED); and relief of foreign-body airway obstruction. It's intended for participants who provide health care to patients in a wide variety of settings, including in-hospital and out-of-hospital. This class is for certified or non-certified, licensed or non-licensed healthcare professionals. \$50

Heartsaver First-Aid: teaches rescuers to effectively recognize and treat adult emergencies in the critical first minutes until emergency services personnel arrive. The course also provides a complete health and safety training solution for first aid. \$40

Pre-registration is required for all classes. Onsite training available for an additional fee.