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Director of Rehabilitation
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Mrs. Barone received her Doctorate in Physical Therapy from Central Michigan University in 2012 and her Bachelor of Science in Health Fitness in Preventive and Rehabilitative Programs in 2009 from Central Michigan University. She has experience in out-patient, in-patient, home health and skilled nursing facilities. She has specialized in Functional Capacity Evaluations and IASTM (Graston Technique). She strives to demonstrate and promote patient-centered therapy along with incorporating functional testing into evaluations and treatment plans.



Industrial Rehabilitation



Sturgis Hospital Rehabilitation Services

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Ergonomics and Job-Site Analysis

- ◆ Our therapists are trained to identify ways to make the work environment safer and more productive.
- ◆ After an analysis of the work, worker and work site, they provide employers with guidelines for safety and give recommendations on new work area designs and adaptive equipment for maximum work area efficiency, work flow, body posturing and body mechanics.
- ◆ Our staff also assists employers with writing functional job descriptions in accordance with ADA guidelines.

Work Hardening

- ◆ This is an individually tailored program designed to simulate various job duties to maximize injured workers' physical tolerance in order to meet physical demands for safe return to work and competitive employment.
- ◆ It teaches and reinforces safe and proper body mechanics

Pre-employment/Post Offer Screens

- ◆ This helps assure an accurate match between the worker and the work.
- ◆ It provides specific correlations between job demands and an applicant's physical abilities in accordance with ADA guidelines.
- ◆ This program is able to assist employers in developing valid post-offer assessment tools.
- ◆ It establishes a baseline of function for employees upon hire.

Return to Work Screens

- ◆ Designed to provide insight for return to work decision making after brief absence
- ◆ Job Based on job analysis or detailed job description
- ◆ Typically looks at 3-5 of the most physically demanding aspects of the job

Physical, Occupational and Speech Therapy

- ◆ Direct access to PT, OT and ST allows injured workers to receive high quality care by the same streamlined team.
- ◆ The team establishes treatment objectives that are realistic and consistent with workers' needs and promotes optimal levels of physical independence and functional abilities.

Functional Capacity Evaluations (FCEs)

- ◆ Any Occupation FCE
Tests all demands listed by the DOT/COJ (*Typically takes 3-4 hours*)
 - ◆ Occupation Specific FCE
Tests only demands required for a specific occupation listed in the DOT/COJ (*Typically takes 3-4 hours*)
 - ◆ Job-Specific FCE
Tests only the demands relevant to patient's job (*Typically takes 2-3 hours*)
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